



# THE USE OF DIFFERENT METHODS AND APPROACHES TO SUPPORT MEASURES AND THE LEARNING PROCESS-UPESLEJU SCHOOL EXPERIENCE

Mpesleju

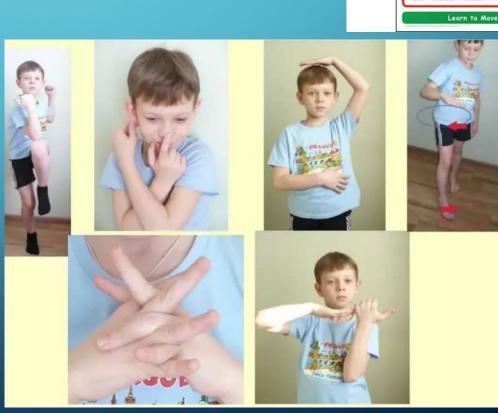
S.Stepane I.Malinovska

#### KINESIOLOGY FOR LEARNING

Using a non-invasive brain integration technique for the improvement of brain function in children

# Educational Kinesiology Brain Gym

https://www.youtube.com/watch?v=SnbQp1Jld1M





#### Global reading or Whole language approach

The method is based on theoretical concepts from Glenn Doman's approach. The activity involves connecting images and their corresponding labels. The labels are read aloud, forming a connection between the word read and the image. However, the method of reading is not analytical (which involves recognizing sounds and linking them to letters of the alphabet), but global.

It promotes: cooperation, communication, and reading.









ĢIMENE



**KAĶIS** 



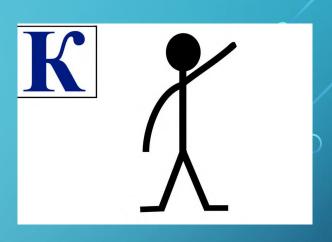
Reading education through movement

Reading education & IT











Montessori approach 

#### DOG THERAPY

Helps children with autism to grow emotionally
Helps to reinforce the bond between a parent and child
Can help to alleviate stress
Therapy dogs encourage children to be calm









# ACHIEVING BALANCE KINESIOLOGY







#### Classroom equipment to improve coordination:







# Kinesiology approach-different types of exercises













#### Balance and coordination exercises for kids







#### TEGU CHALLENGER DISC



https://youtu.be/\_zAqpgttO\_w?feature=shared

https://youtu.be/NWhAktwRzSI?feature=shared



#### Constructions















# Construction, work with various materials

















# CONSTRUCTIONS













# **Sensory integration**









# SENSORY INTEGRATION







































# Snow, liquid, sand, light













#### NEUROPLASTICITY APPROACH



Neuroplasticity is the brain's ability to change and adapt due to experience.

Memory games:

https://www.youtube.com/watch?app=desktop&v=n18qxpaJYpo



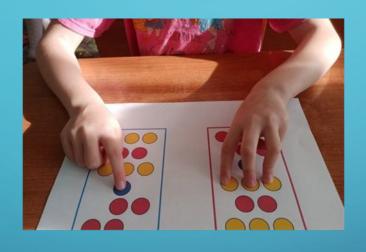






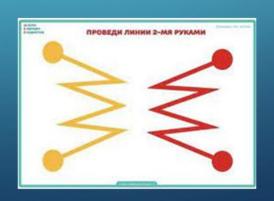
# NEUROTRACING EXERCISES. TWO-HANDED USING FOR DEVELOPING INTERHEMISPHERIC INTERACTION













#### NEUROMOTORICS EXERCISES





https://youtu.be/latni\_Jk9ks?feature=shared

We ask the child to show paired objects simultaneously with the left and right hand. In addition, you can ask him to point out the differences in similar objects (turned up-down, left-right, more-less).



# DEVELOPMENT OF INTERHEMISPHERIC INTERACTION

Interhemispheric interaction is posited to aid attentional processing because it allows for a division of labor across the hemispheres, and allows for parallel processing so that operations performed in one hemisphere can be insulated from those executed in the other.

Color-reading
Shulte table

Yellow, black, red, green
Blue, red, yellow, black
Black, yellow, red, green
Red, black, green, blue
Blue, green, yellow, red
Yellow, red, black, red

| 9  | 12        | 18 | 14 | 16 |
|----|-----------|----|----|----|
| 10 | 21        | 5  | 15 | 7  |
| 23 | <b>17</b> | 24 | 20 | 1  |
| 6  | 4         | 19 | 11 | 8  |
| 25 | 22        | 3  | 13 | 2  |

#### Orientation, directions:

(developing orientation and coordination, giving instructions, perception and execution, training counting skills)

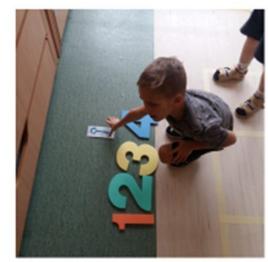






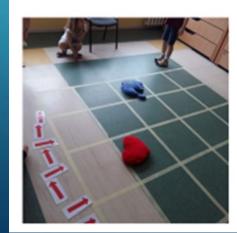


# Orientation, directions









### **Outdoor education**















### CLAY AND SAND THERAPY

https://www.youtube.com/watch?v=3KF0IG4mMlw













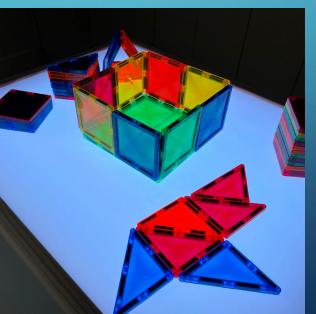




Light in education











### OXIGEN COCTAIL











# REPEATING THE RHYTHM, MEMORIZING THE SEQUENCE, UNDERSTANDING THE INSTRUCTIONS

https://www.youtube.com/watch?v=OcKFWZgnADU

https://www.youtube.com/watch?v=5he1sCixSLM

https://psy-researcher.livejournal.com/19904.html

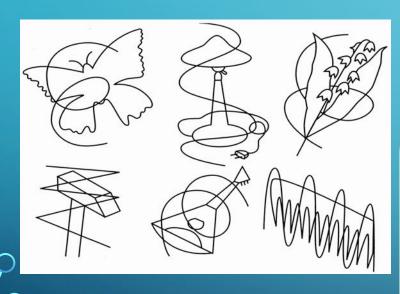


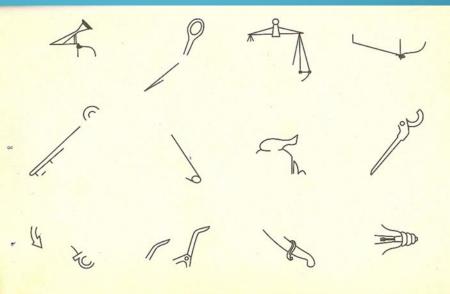
VISUAL PERCEPTION

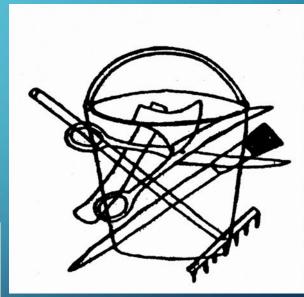
TASKS - RECOGNITION OF PICTURES OF OBJECTS,

CONTOUR RECOGNITION, CROSSED OUT,

UNFINISHED PICTURES

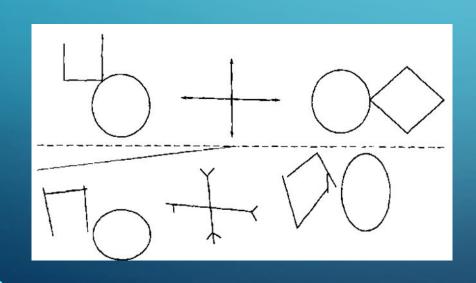


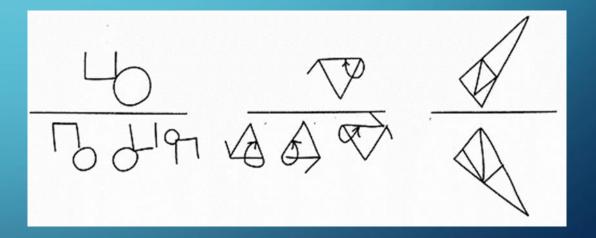




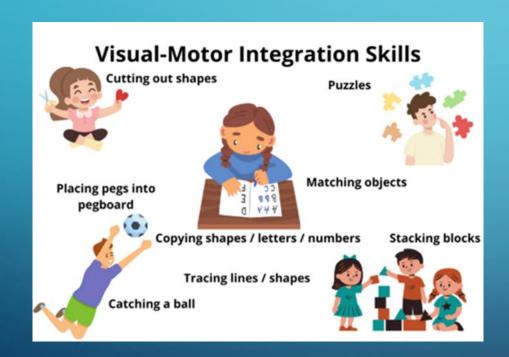
SPATIAL ORIENTATION (LP - REAL IDEAS, KP - SYMBOLIC IDEAS).

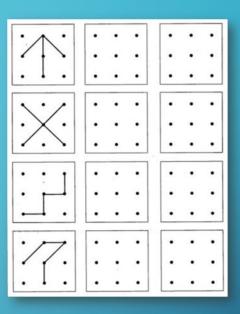
TASKS - CONSTRUCTION, COPYING WITH TURN, LOGICAL-GRAMMATICAL UNDERSTANDING OF CONSTRUCTIONS, NUMBERS, COMPUTING, CLOCKS, ORIENTEERING IN SCHEMES ETC.



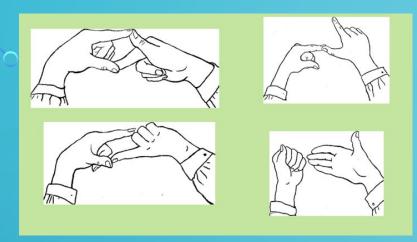


#### VISUAL MOTOR SKILLS

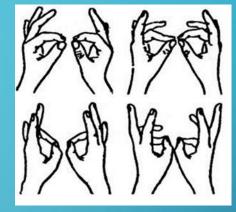










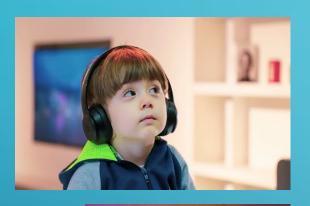








# AUDIO-VIDEO RELAXATION ROOM













When everyone moves forward with joint efforts, success comes by itself!

Always keep a broad mind and a compassionate heart!